

# Wristband Size Chart



*Cut out the below and wrap around your wrist to see which would fit best*  
*Remember, our wristbands are made to stretch over your wrist*

## Silicone Wristbands (2 sizes)



**STANDARD:** 8 inches (20 cm unstretched)

**MEDIUM:** 7 inches (17.5 cm unstretched)

## Polyester Wristbands (3 sizes)



**STANDARD:** fits wrist sizes 5.5 – 7.3 inches (17.5 cm unstretched)

**LARGE:** fits wrist sizes 7 - 8.5 inches (19 cm unstretched)

**EXTRA-LARGE:** fits wrist sizes 8.5 inches + (21.5 cm unstretched)